

# Texas Girls Coaches Association

## HOUSTON SPORTS CLINIC

\*Sponsored by the Houston Athletic Directors, TGCA and the UIL\*

Campbell Center - Aldine ISD

1865 Aldine Bender Road, Houston, Texas

**June 15 - 16, 2016**

**Cost of Attendance: \$70.00 (2016-17 Membership Card Included)**

Time	Event	No.	Site
<b>Wednesday, June 15</b>			
4:00 - 6:00 pm	<b>Registration for Coaches</b>		Front Entrance MOC
6:00 - 6:50 pm	Special Lecture <i>Okon Anita - PT</i> <i>"Injury Prevention and Movement Screening"</i>	#1	Arena
7:00 - 7:50 pm	<b>TGCA Lectures</b> Volleyball Lecture <i>Libby Pacheco - Nelson High School</i> <i>"Out of System"</i>	#2	Arena
7:00 - 7:50 pm	Track Lecture <i>Brandi Bode - Warren High School</i> <i>"Developing the High School Thrower"</i>	#3	Theatre
7:00 - 7:50 pm	Basketball Lecture <i>Tommy Gates - Navasota High School</i> <i>"Building a Program"</i>	#4	Foyer
7:00 - 7:50 pm	Soccer Lecture <i>Eric Ramirez - Hebron High School</i> <i>"Offense: We Play to Win the Game"</i>	#5	West Concession
7:00 - 7:50 pm	Softball Lecture <i>Billy Coleman - Canyon Randall High School</i> <i>"Strength &amp; Conditioning Program for the Off Season"</i>	#6	East Concession/Field
7:00 - 7:50 pm	Football Lecture <i>Zane Bode - Florence High School</i> <i>"Buffalo Offense: Multiplied &amp; Simplified"</i>	#7	Room 104
8:00 - 8:50 pm	<b>Houston Area Lectures</b> Volleyball Lecture <i>Kate Zora - Klein High School</i> <i>"Practice Organization: Positional Skill Development for the Masses"</i>	#8	Arena

<b>Time</b>	<b>Event</b>	<b>No.</b>	<b>Site</b>
<b>Wednesday, June 15</b>			
8:00 - 8:50 pm	Cross Country Lecture <i>Dennis Brazy - Houston Nimitz High School</i> <i>"Running the Meb Way"</i>	#9	North Concession
8:00 - 8:50 pm	Basketball Lecture <i>James Johnson - Eisenhower High School</i> <i>"Ike Hoops"</i>	#10	Foyer
8:00 - 8:50 pm	Soccer Lecture <i>April Cleveland - Magnolia High School</i> <i>Martha Francher - Tomball High School</i> <i>"You Have to Win in the Locker Room Before You Can Win on the Scoreboard"</i>	#11	West Concession
8:00 - 8:50 pm	Softball Lecture <i>Ashley Boyd - Atascocita High School</i> <i>"Commitment to Team and Practice Planning"</i>	#12	East Concession/Field
8:00 - 8:50 pm	Football Lecture <i>James Kowalewski - Aldine High School</i> <i>"Doing the Little Things: What Every Assistant Should Do to Get Promoted"</i>	#13	Room 104
<b>Thursday, June 16</b>			
8:00 - 9:00 am	<b>Registration for Coaches</b>		Front Entrance MOC
9:00 - 10:30 am	<b>UIL Coaches Education</b> <i>Traci Neely - Assistant Athletic Director - UIL</i> <i>Brian Polk - Assistant Athletic Director - UIL</i>	#14	Arena
10:30 - 11:30 am	<b>Junior High Coordinators' Panel</b> <i>Herb McDaniel - Plummer Middle School</i> <i>David Huber - Kleb Intermediate School</i> <i>Hope Grochmall - Northbrook Middle School</i> <i>Amy Downey - Spring Woods Middle School</i> <i>Jesus Gonzalez - Clifton Middle School</i> <i>Lennis Brice - Twin Creeks Middle School</i>	#15	Arena
11:40 a - 12:30 p	<b>TGCA Lectures</b> Volleyball Lecture <i>Libby Pacheco - Nelson High School</i> <i>"Serving &amp; Serve Receive"</i>	#16	Arena
11:40 a - 12:30 p	Basketball Lecture <i>Tommy Gates - Navasota High School</i> <i>"Transition Offense &amp; Defense"</i>	#17	Foyer
11:40 a - 12:30 p	Soccer Lecture <i>Eric Ramirez - Hebron High School</i> <i>"Defense - Refuse to be Beaten"</i>	#18	West Concession
11:40 a - 12:30 p	Softball Lecture <i>Billy Coleman - Canyon Randall High School</i> <i>"Hitting Drills/Base Running"</i>	#19	East Concession/Field

<b>Time</b>	<b>Event</b>	<b>No.</b>	<b>Site</b>
<b>Thursday, June 16</b>			
11:40 a - 12:30 p	Track Lecture <i>Brandi Bode - Warren High School</i> <i>"Track and Field: Back to Basics"</i>	#20	Theatre
11:40 a - 12:30 p	Football Lecture <i>Zane Bode - Florence High School</i> <i>"Training the Total Athlete"</i>	#21	North Concession
12:30 - 1:30 pm	<b>Lunch On Your Own</b>		
1:30 - 2:30 pm	Motivational Speaker <i>Ahmard Vitale - Author, Speaker, Mental Performance Coach, National Sports Writer</i>	#22	Arena
	<b>TGCA Lectures</b>		
2:40 - 3:20 pm	Volleyball Lecture <i>Libby Pacheco - Nelson High School</i> <i>"In-Game Statistics"</i>	#23	Arena
2:40 - 3:20 pm	Basketball Lecture <i>Tommy Gates - Navasota High School</i> <i>"Practice and Game Preparation"</i>	#24	Foyer
2:40 - 3:20 pm	Soccer Lecture <i>Eric Ramirez - Hebron High School</i> <i>"Off Season Conditioning - Does It Matter?"</i>	#25	West Concession
2:40 - 3:20 pm	Softball Lecture <i>Billy Coleman - Canyon Randall High School</i> <i>"Defensive Drills"</i>	#26	East Concession/Field
2:40 - 3:20 pm	Cross Country Lecture <i>Brandi Bode - Warren High School</i> <i>"Year Long Conditioning and Injury Prevention"</i>	#27	Theatre
2:40 - 3:20 pm	Football Lecture <i>Ryan McIver - Texas City High School</i> <i>"Texas City Defense"</i>	#28	North Concession
	<b>Houston Area Lectures</b>		
3:30 - 4:20 pm	Volleyball Lecture <i>Ashley Earhart - Kingwood High School</i> <i>"Using Technology to Improve Your Program"</i>	#29	Arena
3:30 - 4:20 pm	Basketball Lecture <i>Michael Stengar - Cy-Lakes High School</i> <i>"Lady Spartan Basketball Constants, High Post Motion, Easy Transition Offense &amp; Being A Team Player First"</i>	#30	Foyer
3:30 - 4:20 pm	Soccer Lecture <i>Darrell Hamlet - Klein Collins High School</i> <i>"Building Success On and Off the Field"</i>	#31	West Concession
3:30 - 4:20 pm	Softball Lecture <i>Marissa Stevens - Cy-Fair High School</i> <i>"The Mental Aspect of Softball"</i>	#32	East Concession

Time	Event	No.	Site
<b>Thursday, June 16</b> 3:30 - 4:20 pm	Track Lecture <i>David Gresham - Krimmel Middle School</i> <i>"Strength Training - The Other Room"</i>	#33	Theatre
3:30 - 4:20 pm	Football Lecture <i>Adrian Mitchell - Klein Collins High School</i> <i>"Teaching Perimeter Blocking Schemes"</i>	#34	North Concession